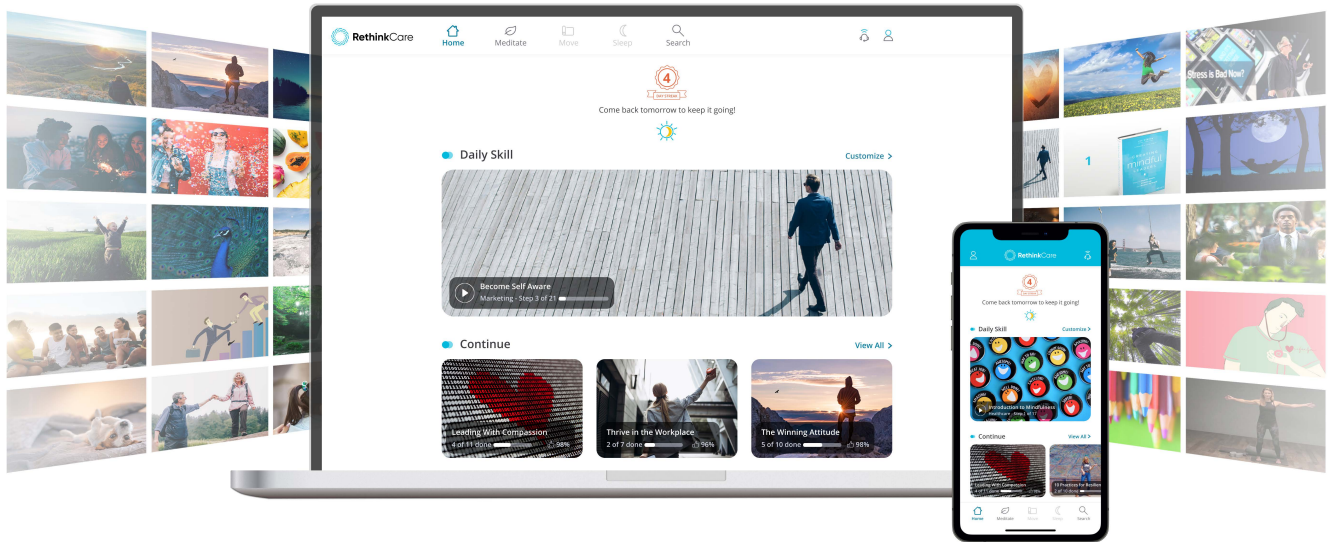
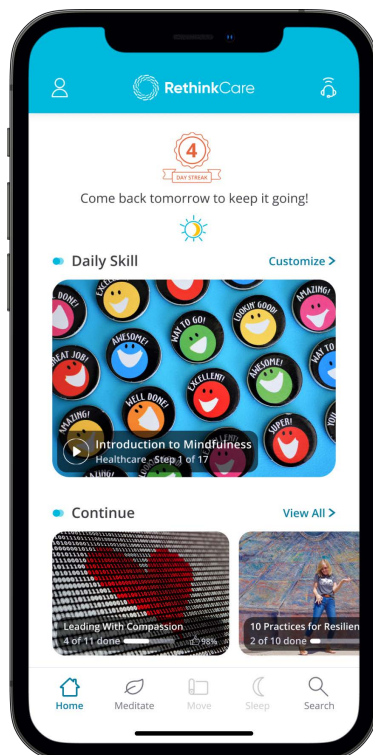


Our Professional Resilience Solution



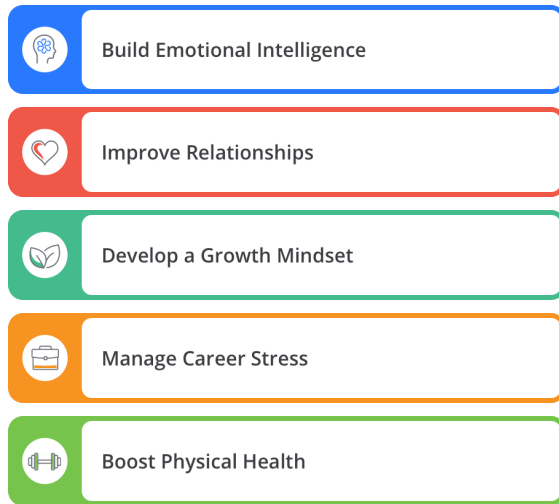
Our Professional Resilience solution helps companies foster a culture of health and high performance through career growth tools for all employees.



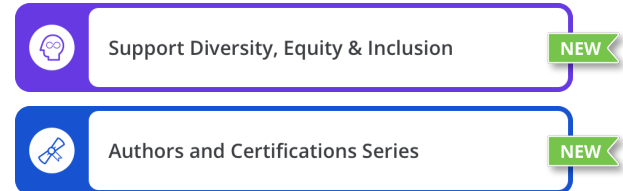
- ✓ **Targeted programs** for employees to manage all aspects of their career from boosting EQ to coping with stress.
- ✓ **Credentialed experts** and a variety of programs to support a diverse and inclusive workforce.
- ✓ **Success Toolkit and Team Training Guides** to create a culture of wellbeing.
- ✓ **Available in 9+ languages.** The perfect micro-training for post pandemic professionals.
- ✓ **124 digital mini-courses** with 30+ Challenges and 3,700+ sessions, tips, articles and exercises.

7 training collections for personal growth, teamwork, emotional intelligence and leadership skills for the future of work.

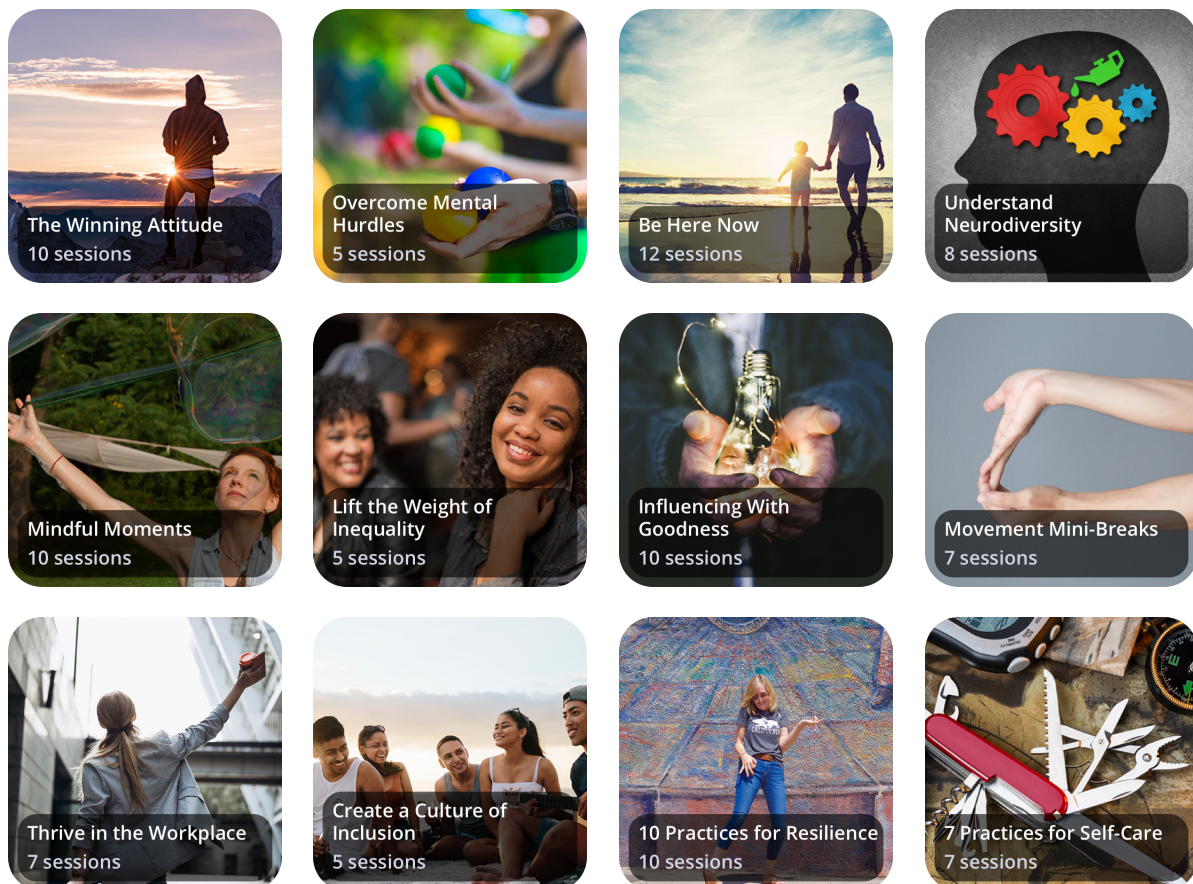
Professional Resilience



For Leaders, Supervisors and Employee Champions at Every Level



Example courses include:



To learn more about our Parental Success, Personal Wellbeing, and Professional Resilience solutions visit rethinkcare.com

73% of members say RethinkCare helped them boost focus and productivity at work